



TRADITIONAL
SKILLS
STARTER
GUIDE

BECOMINGTRADITIONAL.COM

HANDICRAFTS

SEWING

WOOD-
WORKING

FORAGING

HOME &
LIFE

NATURAL
REMEDIES

SOAP
MAKING

GARDENING

FOOD-
RELATED

FOOD
PRESERVATION

SCRATCH
COOKING

CREATIVE
INTERESTS

SPORTS

ART /
MUSIC

FIRE
BUILDING

OUTDOOR /
SURVIVAL

FISHING /
HUNTING