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PU21	waffles / pancakes	muffins / biscuits	breakfast breads	breakfast burritos	breakfast sandwiches	english muffins / bagels	french toast sticks
fell entrees	lasagna	chicken pot pie	burgers / meatballs	marinaded meats / meals	burrito bowls	chili / hearty soup	bone broth
C C Z C I pantry staples	pizza dough	pie crusts	seasoning blend (taco, Italian)	loaf bread / tortillas / bread rolls	premade mixes (brownie, pancake, gravy)	shredded cheeses	tomato sauce / paste
free snacks	assrtd crackers (cheese / graham)	crumble	cookie dough	granola / trail mix	protein / energy balls	Yogurt bark	brownies
Becoming Traditional Foodies Feeding Families							